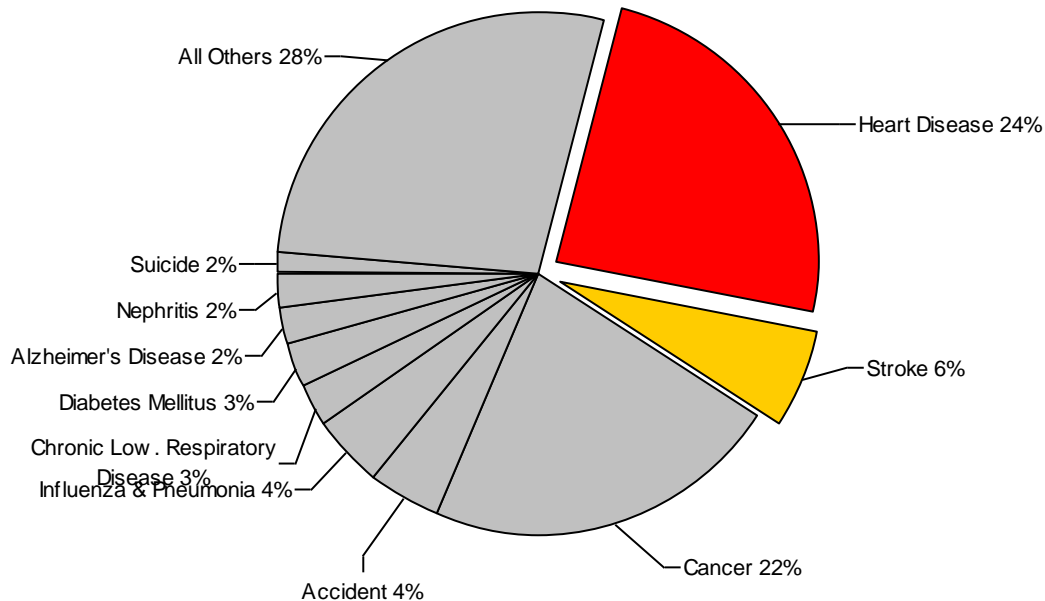




## Hawaii State Fact Sheet

**Leading Causes of death in Hawaii in 2013\***



**Hawaii has the 49th highest death rate from cardiovascular disease in the country.\*\***

- Heart disease is the No. 1 killer in Hawaii\*
- Stroke is the No. 3 killer in Hawaii\*
- 2,521 people in Hawaii died of heart disease in 2013\*
- 634 people in Hawaii died of stroke in 2013\*

### Heart Disease and Stroke Risk Factors in Hawaii

	Hawaii	US
Adults who are current smokers	13.3%	19%
Adults who participate in 150+ min of aerobic physical activity per week	60.2%	50.5%
Adults who are overweight or obese+	55.4%	64.3%
Adults who have been told that they have had a heart attack	3.2%	4.4%
Adults who have been told that they have had a stroke	2.7%	2.8%
Adults who have been told that they have angina or coronary heart disease	2.7%	4.1%
Population of adults (18-64) who have some kind of health care coverage	90%	80%
High school Students who are obese++	13.4%	13.7%

\* List includes Puerto Rico and D.C. Based on total number of deaths in 2013. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2013.

^ Also known as COPD (Chronic Obstructive Pulmonary Disorder); COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."

\*\* Based on 2010 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2015 Update. A Report from the American Heart Association. Circulation, Accessed February 1, 2015

\*\*\*Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2013.

+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.

++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2013.