Hawaii State Fact Sheet

Leading Causes of death in Hawaii in 2013*

- Heart Disease 24%
- Cancer 22%
- All Others 28%
- Stroke 6%
- Accident 4%
- Influenza & Pneumonia 4%
- Nephritis 2%
- Diabetes Mellitus 3%
- Alzheimer’s Disease 2%
- Chronic Low . Respiratory Disease 3%
- Suicide 2%

Hawaii has the 49th highest death rate from cardiovascular disease in the country.**

* Heart disease is the No. 1 killer in Hawaii*
* 2,521 people in Hawaii died of heart disease in 2013*
* Stroke is the No. 3 killer in Hawaii*
* 634 people in Hawaii died of stroke in 2013*

Heart Disease and Stroke Risk Factors in Hawaii

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Hawaii</th>
<th>US</th>
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</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>13.3%</td>
<td>19%</td>
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<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>60.2%</td>
<td>50.5%</td>
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<tr>
<td>Adults who are overweight or obese+</td>
<td>55.4%</td>
<td>64.3%</td>
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<tr>
<td>Adults who have been told that they have a heart attack</td>
<td>3.2%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>2.7%</td>
<td>2.8%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>2.7%</td>
<td>4.1%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>90%</td>
<td>80%</td>
</tr>
<tr>
<td>High school Students who are obese++</td>
<td>13.4%</td>
<td>13.7%</td>
</tr>
</tbody>
</table>

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* List includes Puerto Rico and D.C. Based on total number of deaths in 2013. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2013.
* Also known as COPD (Chronic Obstructive Pulmonary Disorder); COPD and allied conditions (including asthma), the term in the ICD/10 is "chronic lower respiratory diseases."** Based on 2010 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2015 Update. A Report from the American Heart Association.
+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention. Youth Risk Behavior Surveillance System, 2013.