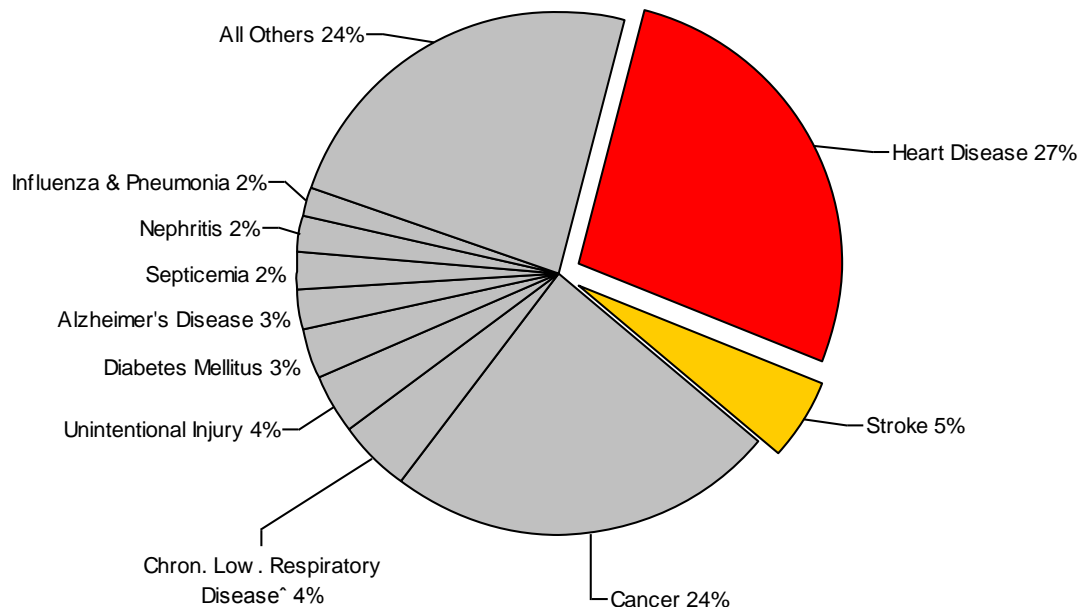




## New Jersey State Fact Sheet

Leading Causes of death in New Jersey in 2010\*



**New Jersey has the 27th highest death rate from cardiovascular disease in the country.\*\***

- Heart disease is the No. 1 killer in New Jersey\*
- Stroke is the No. 3 killer in New Jersey\*
- 18,730 people in New Jersey died of heart disease in 2010\*
- 3,402 people in New Jersey died of stroke in 2010\*

### Heart Disease and Stroke Risk Factors in New Jersey

	<u>New Jersey</u>	<u>US</u>
Adults who are current smokers	16.8%	21.1%
Adults who participate in 150+ min of aerobic physical activity per week	53.3%	51.6%
Adults who are overweight or obese+	61.5%	63.5%
Adults who have been told that they have had a heart attack	4.2%	4.4%
Adults who have been told that they have had a stroke	2.3%	2.9%
Adults who have been told that they have angina or coronary heart disease	4.1%	4.1%
Population of adults (18-64) who have some kind of health care coverage	82.1%	78.9%
High school Students who are obese++	10.9%	13%

\* Based on total number of deaths in 2010. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2010.

^ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."

\*\* List includes Puerto Rico and D.C. Based on 2007-09 age-adjusted death rates (ranked from worst to best CVD health). American Heart Association. Heart Disease and Stroke Statistics, 2013 Update: A Report from the American Heart Association. Circulation. Accessed, Jan. 18, 2013.

\*\*\*Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2011.

+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.

++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2011.