**Mississippi State Fact Sheet**

**Leading Causes of death in Mississippi in 2010**

- Heart Disease 26%
- Cancer 22%
- Stroke 5%
- Unintentional Injury 6%
- Diabetes Mellitus 3%
- Alzheimer's Disease 3%
- Nephritis 3%
- Septicemia 2%
- Influenza & Pneumonia 2%
- All Others 23%

**Mississippi has the 1st highest death rate from cardiovascular disease in the country.**

- Heart disease is the No. 1 killer in Mississippi
- Stroke is the No. 5 killer in Mississippi
- 7,542 people in Mississippi died of heart disease in 2010
- 1,520 people in Mississippi died of stroke in 2010

**Heart Disease and Stroke Risk Factors in Mississippi**

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Mississippi</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>26%</td>
<td>21.1%</td>
</tr>
<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>40%</td>
<td>51.6%</td>
</tr>
<tr>
<td>Adults who are overweight or obese</td>
<td>68.9%</td>
<td>63.5%</td>
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<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>5.4%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>4%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>4.6%</td>
<td>4.1%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>69.3%</td>
<td>78.9%</td>
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<tr>
<td>High school Students who are obese</td>
<td>15.8%</td>
<td>13%</td>
</tr>
</tbody>
</table>

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* Based on total number of deaths in 2010. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2010.

^ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is “chronic lower respiratory diseases.”


+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.

++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention. Youth Risk Behavior Surveillance System, 2011.