Indiana State Fact Sheet

Leading Causes of death in Indiana in 2010*

- Heart Disease 24%
- Cancer 23%
- All Others 24%
- Chronic Low Respiratory Disease* 7%
- Septicemia 2%
- Influenza & Pneumonia 2%
- Nephritis 3%
- Diabetes Mellitus 3%
- Alzheimer's Disease 3%
- Unintentional Injury 4%
- Stroke 5%

Indiana has the 13th highest death rate from cardiovascular disease in the country.**

- Heart disease is the No. 1 killer in Indiana*
- Stroke is the No. 4 killer in Indiana*
- 13,388 people in Indiana died of heart disease in 2010*
- 3,082 people in Indiana died of stroke in 2010*

Heart Disease and Stroke Risk Factors in Indiana

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Indiana</th>
<th>US</th>
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</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>25.6%</td>
<td>21.1%</td>
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<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>46%</td>
<td>51.6%</td>
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<tr>
<td>Adults who are overweight or obese+</td>
<td>65.6%</td>
<td>63.5%</td>
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<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>5.5%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>3.4%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>4.8%</td>
<td>4.1%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>76.4%</td>
<td>78.9%</td>
</tr>
<tr>
<td>High school Students who are obese++</td>
<td>14.7%</td>
<td>13%</td>
</tr>
</tbody>
</table>

* Based on total number of deaths in 2010. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports. 2010.

** Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is “chronic lower respiratory diseases.”


† Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.

‡‡ Students who were ≥95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2011.