Leading Causes of death in Colorado in 2010*

- Heart Disease 19%
- Stroke 5%
- Cancer 22%
- Chron. Low. Respiratory Disease* 7%
- Unintentional Injury 7%
- Influenza & Pneumonia 2%
- Liver Disease 2%
- Diabetes Mellitus 2%
- Suicide 3%
- Alzheimer's Disease 4%
- All Others 27%

Colorado has the 47th highest death rate from cardiovascular disease in the country.**

- Heart disease is the No. 2 killer in Colorado*
- Stroke is the No. 5 killer in Colorado*
- 6,038 people in Colorado died of heart disease in 2010*
- 1,607 people in Colorado died of stroke in 2010*

Heart Disease and Stroke Risk Factors in Colorado

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Colorado</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>18.3%</td>
<td>21.1%</td>
</tr>
<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>61.8%</td>
<td>51.6%</td>
</tr>
<tr>
<td>Adults who are overweight or obese+</td>
<td>56.1%</td>
<td>63.5%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>2.7%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>2%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>2.5%</td>
<td>4.1%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>79%</td>
<td>78.9%</td>
</tr>
<tr>
<td>High school Students who are obese++</td>
<td>7.3%</td>
<td>13%</td>
</tr>
</tbody>
</table>

* Based on total number of deaths in 2010. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2010.
^ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."
+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2011.