MET Event Record 1

Date: ___________ Time MET called: ___________

Date of birth: ___________

Age: ________ Weight: ___________

Race: ___________  □ Male  □ Female

Hispanic Origin:  □ Yes  □ No/Not Documented

Event Location (name): ______________________

Was pt discharged from an ICU prior to this MET call?  □ No  □ Yes → Date/Time of non-ICU admit ___________

Was pt discharged from a PACU within 24 hrs prior to this MET call?  □ Yes  □ No

Did pt receive conscious sedation/general anesthesia within 24 hrs prior to this MET call?  □ Yes  □ No

Was pt in the Emergency Department within 24 hrs prior to this MET call?  □ Yes  □ No

Vital signs taken within 4 hours PRIOR to MET call (if none enter last documented vital signs prior to activation):

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>HR</th>
<th>BP</th>
<th>RR</th>
<th>SpO2</th>
<th>Temp</th>
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Vital signs at time of MET call:

<table>
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<th>Date</th>
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Illness Category at time of MET call:

□ Medical Cardiac  □ Medical Non-Cardiac  □ Newborn  □ Ambulatory/Outpatient

□ Surgical Cardiac  □ Surgical Non-Cardiac  □ Obstetric  □ Trauma  □ Other (Visitor/Employee)

MET Trigger(s): __________________________________________

MET Drug Interventions

________________________________________

________________________________________

________________________________________

________________________________________

MET Non-Drug Interventions (Therapeutic/Diagnostic)

________________________________________

________________________________________

________________________________________

________________________________________

MET Outcome:

□ No therapy necessary  □ Therapy limited by patient/family/physician - medical futility

□ Progressed to cardiac or respiratory arrest  □ Transfer to telemetry/step-down unit required

□ Stat transfer to operating room (OR)  □ Transfer to ICU required

□ Status changed to DNAR after MET evaluation  □ Transfer to Cardiac Cath Lab

□ Responded to therapy, remained on current unit  □ Transferred to other hospital

□ Died during MET event  □ Time Not Documented

Time first MET member arrived: ___________  □ Time Not Documented

Time last MET member departed: ___________  □ Time Not Documented

MET member signature ___________________________  ID# ___________

Provided by American Heart Association’s Get With The Guidelines - Resuscitation
MET Event Record 1 - back page

Triggers and Procedures

The lists below are taken directly from the NRCPR MET Data Collection Form that will be used when abstracting MET data. These lists of triggers and procedures should be used as a reference when completing the MET Event Record on the reverse side of this form.

MET Activation Triggers – Check all that apply

- Trigger Unknown/Not Documented
- **Respiratory:**
  - Respiratory Depression
  - Tachypnea
  - New onset of difficulty breathing
  - Reversal agent without immediate response
    (e.g. naloxone/Narcan, flumazenil/Romazicon, neostigmine/Prostigmin)
  - Bleeding into airway
  - Decreased oxygen saturation
- **Cardiac:**
  - Bradycardia
  - Tachycardia
  - Hypotension
  - Symptomatic Hypertension with end organ signs/symptoms
  - Chest pain unresponsive to Nitroglycerin (NTG)

Drug Interventions – Check all given during MET event

- None
- Aspirin
- Antiarrhythmic Agent
- Anti-epileptic
- Atropine
- Calcium
- Diuretic (IV)
- Fluid Bolus (IV)
- Glucose Bolus
- Heparin/Low Molecular Weight Heparin (LMWH)
- Inhaled Bronchodilator
- Insulin/Glucose
- Magnesium
- Mannitol
- Nitroglycerin (IV)
- Nitroglycerin (SL)
- Reversal agent (e.g. naloxone/Narcan, flumazenil/Romazicon, neostigmine/Prostigmin)
- Sodium bicarbonate
- Thrombolytic
- Vasoactive Agent Infusion (not bolus)
- Other Drug Intervention(s):

Non-Drug Interventions (Diagnostic and Therapeutic) – Check all done or ordered during MET event

- None
- Bedside Cardiac Ultrasound (echo)
- Bronchoscopy
- Cardioversion
- Chest Tube
- Chest X-ray
- Coma position
- CPR
- Cricothyrotomy
- Defibrillation
- Electroencephalogram (EEG)
- Foley catheter
- Gastric lavage
- Gastrointestinal Endoscopy (Upper GI)
- Gastrointestinal Endoscopy (Lower GI)
- Head CT (stat)
- Hyperventilation
- Monitoring:
  - Apnea/Bradycardia Monitor (stand alone)
  - ECG Monitor
  - Non-Invasive BP (NIBP) Monitor
  - Pulse Oximeter
  - 12-lead ECG
  - Nasogastric (NG) / Orogastric (OG) Tube
  - Neonatal Head Ultrasound (echo)
  - Pacemaker
  - Pericardiocentesis
  - Respiratory Management:
    - Elective intubation for airway protection
    - Mechanical Ventilation
    - Supplemental O2
    - Suctioning
    - Tracheostomy Care/Replacement
  - Ventilation:
    - Bag-Valve-Mask
    - Mask CPAP/BiPAP
    - Nasal Airway
    - Oral Airway
    - Endotracheal Tube (ET)
    - Laryngeal Mask Airway (LMA)
    - Combitube
    - Other: ________________
    - Serum Lactate
    - Thoracentesis
    - Stat Consult:
      - Cardiology
      - Critical Care
      - Neurology
      - Pulmonary
      - Surgery
      - Other:
- Transfusion:
  - Albumin
  - Fresh frozen plasma
  - Packed red blood cells
  - Platelets
  - Other:
- Vascular Access:
  - Central Vein
  - Peripheral Vein
  - Intraosseous (IO)
  - Umbilical Artery (UAC)
  - Umbilical Vein (UVC)
- Other Non-Drug Interventions:

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Medical:

- Acute decrease in urine output
- Rising lactate to > 4 mEq/L
- Uncontrolled bleeding

Other:

- Staff member acutely worried about patient
- > 1 stat page required to summon patient’s regular team for acute problem
- Other: ______________________