GO-FAR Score can help in Do Not Resuscitate order decisions


Key Points:

- For in-hospital patients who receive CPR following cardiac arrest, survival to neurologically intact discharge with minimal deficits is the most desirable outcome.
- However, physicians and patients cannot reliably predict how likely patients are to achieve this outcome.
- We used the GWTG-R registry to develop and validate a simple point score that places patients in one of four groups:
  - < 1% likelihood of good outcome
  - 1 - 3% likelihood
  - >3% to 15%
  - > 15%
- The score was able to identify over 28% of patients as having a low or very likelihood of survival to discharge neurologically intact or with minimal deficits (1.4%).
- This information can be useful to patients, their caregivers, and their physicians as they make decisions about whether or not to execute a Do Not Resuscitate (DNR) order.

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