

Fact Sheet: CPR in CA Schools (AB 1719)

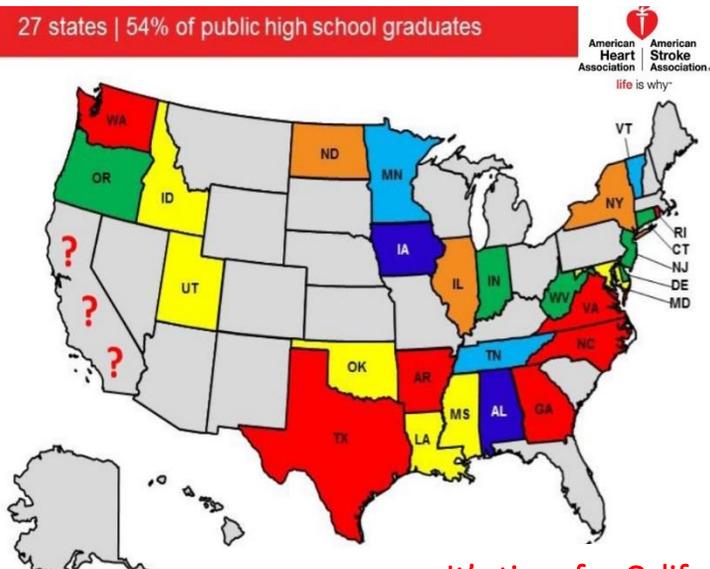
The CPR in Schools legislation (AB 1719) authored by Assemblymember Freddie Rodriguez (D- Pomona) seeks to include hands-only CPR instruction, along with Automated External Defibrillator (AED) awareness, in any required high school course. CPR instruction must meet the standards currently used by the American Red Cross or the American Heart Association, or an instructional program that is nationally-recognized, and be based on the most current national evidence-based emergency cardiovascular care guidelines. Training is sensible and affordable, and could easily be incorporated into current high school curriculum. In fact, CPR is already included in California's Health Education Content Standards.

The Case

- Each year, nearly 326,000 people have sudden cardiac arrest outside of a hospital. Not even a third receives CPR from a bystander and only 10.4% survive. Three to five minutes is a matter of life and death for sudden cardiac arrest victims. **When a CPR-trained bystander is near, and can act quickly and effectively, survival rates can double—even triple!**
- CPR in Schools empowers the youth of California and helps us add more lifesavers to our community.
- A study by JAMA Internal Medicine, shows counties with the lowest rates of CPR training were more likely to be rural, have a higher proportion of African-American and Hispanic residents and a lower median household income. Emergency medical response times tend to take longer in these communities as well. **All students should have the opportunity to be lifesavers regardless of income or zipcode.**

Lifesavers in School

27 states | 54% of public high school graduates



The Progress

- So far, 27 states across the country have passed laws requiring every high school student to be CPR-trained before graduation, and it's paying off.
- In January 2015, Placentia Yorba Linda Unified School District became the first district in California to require CPR in Schools. San Francisco and San Diego Unified have since followed suit.

Seventeen-year-old Morgan Wilson was a senior at Esperanza High School. She was determined, a star athlete who played tennis and ran cross-country, and a teenager not afraid to laugh and learn new things. Morgan suffered sudden cardiac arrest during a tennis lesson at the Anaheim Tennis Center. No one there was qualified to perform CPR, and she passed.

"It was painful to listen to every doctor come into her room saying 'Why didn't somebody do CPR?'...I would sell my house and anything I had to get my daughter back." – Debbie Wilson, Morgan's mother.



It's time for California to Be CPR Smart.

(use the hashtag #StayinAliveCA)