Since our last newsletter or leadership team has been busy with several activities. Membership initiatives, headed by Alice Lichtenstein and aimed to increase and broaden our membership, include a focus on young investigators and international members. These efforts include the development of a brochure that we hope to distribute widely in the near future. And thanks to the efforts of Bob Chilton, our Web site has been improved and expanded and is available for current and prospective members.

The Nutrition Committee, headed by Larry Appel, continues its high-profile activities; efforts include preparation of scientific statements on sugars and the risk of cardiovascular disease and on nutritional approaches for managing dyslipidemia. The Physical Activity Committee has a new Chair, William Kraus; their activities center on increasing physical activity training in U.S. medical schools and increasing the feasibility of physical activity assessments in practice settings. The committee awarded two scholarships to Ruth E. Taylor-Piliae and Daheia J. Barr-Anderson for the AHA Scholarship for USC Physical Activity and Public Health (PAPH) courses. The Obesity Committee also has a new Chair, Paul Poirier. He is the first international member (Canadian) to chair a Council committee, and his committee has an international membership of about 33 percent. This group is working on a scientific advisory that addresses the evaluation of pre- and post-op management of morbidly obese patients.

Early this year, the Diabetes Committee (now headed by Ted Mazzone) published a joint advisory with the American Diabetes Association on the primary prevention of cardiovascular disease in patients with diabetes. They also will soon publish a paper on hyperglycemia and CVD with a focus on acute coronary syndrome. The Clinical Affairs Committee, headed by Penny Kris-Etherton, is in the advanced stages of developing tool concepts aimed to facilitate the incorporation of lifestyle counseling into busy clinical practice settings.

Finally, Gloria Vega has agreed to serve as our representative to the International Mentoring Council, and Neil Stone has assumed the chairmanship of the Clinical Lipidology Committee, a group shared by the NPAM and ATVB Councils. This group plays an active role in developing educational programs and materials to enhance the efficacy of lipid management throughout various medical specialties.

I look forward to seeing all of you in November at Scientific Sessions. This year for the first time we will hold a luncheon on Tuesday, Nov. 6, from noon-1:30 p.m., where we will be able to convene as a Council and where young members will be able to meet with experts in their areas of interest. Please check your program booklet carefully for the many interesting sessions that NPAM has planned.

Save the Date
Nutrition, Physical Activity, and Metabolism Conference 2008
March 11–13, 2008
The Broadmoor Hotel
Colorado Springs, CO

The Mark Bieber Award honors the memory of Dr. Mark Bieber, one of the founding members of the AHA Industry Nutrition Advisory Panel, for his significant contributions to the field of nutritional science. The award recognizes an early career investigator for outstanding nutrition-related research. The Council on Nutrition, Physical Activity, and Metabolism gratefully acknowledges the educational grant provided by the AHA Industry Nutrition Advisory Panel for the support of this award.

The winner will be announced during the conference and will receive $1,000, and up to $1,200 in reimbursement for travel expenses. The winner’s laboratory also will be awarded $5,000 for administration by the institution’s grants and contracts department. For eligibility requirements and how to apply, please visit http://www.americanheart.org/presenter.jhtml?identifier=3048272.

Questions:
E-mail: scientificconferences@heart.org

From the Editor
Robert Chilton

The upcoming Nutrition, Physical Activity, and Metabolism Conference 2008, on March 11-13, 2008, will be outstanding. Please mark your calendars to attend. We have a wonderful meeting planned from basic science to clinical practice. Two very special “first” events are planned for this meeting; the Mark Bieber Award and the Stephen Kritchevsky Lecture. Also, there will be luncheon meetings with Meet the Expert that will be limited, so register early. We look forward to seeing you in Colorado!
2007-08 Leadership Committee

Barbara Howard PhD FAHA, Chair
Barry Franklin, PhD, FAHA, Vice Chair

Members:
Lawrence J. Appel, MD, FAHA, Chair, Nutrition Committee
Paul Poirier, MD, Chair, Obesity Committee
Theodore Mazzone, MD, FAHA, Chair, Diabetes Committee
William E. Kraus, MD, Chair, Physical Activity Committee; Vice Chair, Fall Program Committee
Penny Kris-Etherton, PhD, RD, FAHA, Chair, Clinical Affairs Committee
Neil Stone, MD, FAHA, Chair, ATVB/npam Lipidology, Lipoprotein Metabolism and Thrombosis Committee
Samuel Klein, MD, FAHA, Vice Chair, Obesity Committee
Linda Van Horn, PhD, RD, FAHA, Vice Chair, Nutrition Committee
Darren McGuire, MD, MHSc, FACC, Vice Chair, Diabetes Committee; Early Career Investigator
Peter Wilson, MD, FAHA, Chair, Fall Program Committee

Alice H. Lichtenstein, DSc, FAHA, Vice Chair, Communications Committee
Robert Chilton, DO, FAH, Chair, Communications Committee and Advocacy Ambassador

Members-at-Large:
Judith Ockene, PhD, Med, MA

Liaisons:
Alan Chait, MD, FAHA, Liaison, ATVB Council
Darla Danford, MPH, DSC, Liaison, NHLBI
Gloria Vega, PhD, Liaison, AHA Research Committee
Terry Lennie, PhD, RN, Liaison, CVN

AHA:
Angela Johnson, Senior Manager, Professional Memberships
Dena Looper, Program Manager, Professional Memberships
Kim Silow, MS, RD, Science and Medicine Advisor
Lonnie Willis, Director, Professional Memberships

SCIENTIFIC SESSIONS 2007
Orlando, Florida • Nov. 4–7, 2007

Sunday, Nov. 4
9:00 am Navigating the Calorie-Toxic Environment, Sunday Morning Program 22
9:00 am Hyperglycemia, Diabetes, and Atherosclerosis, Sunday Morning Program 22
3:45 pm Sodium, Potassium, and Cardiovascular Disease, Daytime Seminar 06
5:15 pm PPARs and Heart Disease, Cardiovascular Seminar 89
5:15 pm Waist Circumference: Measurement and Interpretation, Cardiovascular Seminar 48
5:15 pm Community Physical Activity Promotion, Cardiovascular Seminar 43
5:15 pm Subclinical Atherosclerosis in Youth, Cardiovascular Seminar 47
4:15 pm Exercise and Heart Disease: The Unfilled Prescription, Cardiovascular Seminar 88
5:15 pm Omega-3 Controversies: Fish, Flax, Pills, and Pollutants, Cardiovascular Seminar 46

Tuesday, Nov. 6
7:45 am How to Use Exercise Training and Exercise Testing in Rodents to Study the Cardiovascular System, How-To Session 47
7:45 am Physical Activity Assessment in the Clinic and for Research, How-To Session 49
5:15 pm Programs and Strategies for Tackling the Childhood Obesity Epidemic, Cardiovascular Seminar 90
5:15 pm Dietary Effects on Blood Coagulation and Hemostasis, Cardiovascular Seminar 44
5:15 pm Exercise and Vascular Function, Cardiovascular Seminar 45

Monday, Nov. 5
7:45 am Morbid Obesity: Perioperative Management, How-To Session 48
7:45 am How to Understand Statin Myopathy, How-To Session 50
5:15 pm Worksite Environmental Interventions for Obesity Control, Cardiovascular Seminar 91
4:15 pm Exercise and Heart Disease: The Unfilled Prescription, Cardiovascular Seminar 88
5:15 pm Omega-3 Controversies: Fish, Flax, Pills, and Pollutants, Cardiovascular Seminar 46

Wednesday, Nov. 7
7:45 am Obesity and Heart Disease Management, Ask the Experts
2:00 pm Obesity, Insulin Resistance, and Cardiovascular Disease, Special Session 12

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