

## Statistical Fact Sheet 2017 Update

### American Indian/Alaska Natives & Cardiovascular Diseases\*

#### **Cardiovascular Disease (CVD)** (ICD-9 390 to 459, ICD-10 I00 to I99.) & **Coronary Heart Disease (CHD)** (ICD-9 410 to 414, 429.2; ICD-10 I20 to I25 (includes MI ICD-10 I21 to I22))

- Among American Indians or Alaska Natives 18 years or older in 2014, 13.7% have heart disease, 6.0% have coronary heart disease.
- In 2014, CVD caused 4,054 deaths among American Indians or Alaska Natives. CHD resulted in 2,009 deaths and myocardial infarction (MI) caused 598 deaths in this group.

#### **Stroke** (ICD-9 430 to 438; ICD-10 I60 to I69)

- 3.0% of American Indian/Alaska Natives have had a stroke in 2014.
- In 2014, 616 American Indian/Alaska Native died from stroke.
- In 2014, the age-adjusted death rates for stroke in American Indian or Alaska Native males were 32.1 per 100,000 and 31.4 per 100,000 in females.

#### **High Blood Pressure (HBP)** (ICD-9 401 to 404, ICD-10 I10 to I15)

- 26.4% of American Indian/Alaska Native adults had HBP in 2014.
- In 2014, 440 American Indian/Alaska Native adults died from HBP.

#### **Smoking**

- In 2015 for age 18 years and older, 20.9% of American Indian/Alaska Native males were current smokers; 22.2% of females.

#### **Physical Inactivity**

- In 2015, only 18.9% of American Indian/Alaska Native adults age 18 and older met the 2008 Federal Physical Activity (PA) Guidelines.

\* Due to inconsistencies in reporting, some statistics may be unreliable.

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### Diabetes Mellitus (DM) (ICD-9 250; ICD-10 E10 to E14)

- In 2014, the overall death rate attributable to Diabetes Mellitus was 20.9 per 100,000. During this time, the rate was 48.2 per 100,000 for American Indian/Alaska Native males and 35.4 for American Indian/Alaska Native females.
- In 2014, 908 American Indian/Alaska Natives died from DM.

For additional information, charts and tables, see [Heart Disease & Stroke Statistics - 2017 Update](#).

Additional charts may be downloaded directly from the [online publication](#) at [www.heart.org/statistics](http://www.heart.org/statistics)

The American Heart Association requests that this document be cited as follows:

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If you have questions about statistics or any points made in the 2017 Statistical Update, please contact the American Heart Association National Center, Office of Science & Medicine at [statistics@heart.org](mailto:statistics@heart.org). Please direct all media inquiries to News Media Relations at <http://newsroom.heart.org/newsmedia/contacts>.

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